



**Audubon Center
of the North Woods**

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December

Winter Family Escape

December 27 - 30

Wonder, adventure and discovery for all at our winter family camp!

ACNW invites you and your family to escape the hustle and bustle of the holiday season and join us for this exciting family adventure! Activities that your family can participate in during your stay at the Center range from active programs such as climbing wall and snow zoo building to educational programs such as Minnesota Mammals and Winter Ways of Native Cultures to winter sports such as cross-country skiing and kicksledding to quiet activities such as crafts and sleigh rides. Why not celebrate the year end by spending time with your family in the north woods, and making memories that last a lifetime!

All-inclusive, family and commuter rates available.

Info and online registration is available at audubon-center.org/event/winterfamily/
or call 888-404-7743

New Year's Eve at the Lake

December 31, 2014

Celebrating 50 Years of Wilderness with Kevin Proescholdt, Conservation Director for Wilderness Watch

A half-century ago, President Johnson signed the 1964 Wilderness Act. This landmark law took 8 years of work to make it through Congress, and established wilderness protections for the first time in the federal statutes. It also established the National Wilderness Preservation System of 9.1 million acres, which included (with some struggle) the million-acre Boundary Waters Canoe Area. Today, the National Wilderness Preservation System has grown to 110 million acres. Kevin Proescholdt will describe the background and importance of the Wilderness Act, its many successes, and some of the challenges remaining ahead.

Appetizers and dinner at 6:00 p.m.; presentation following dinner

Adults: \$25...Children ages 5-12 yrs: \$18

RESERVATIONS REQUIRED

Call 320-245-2648 or email audubon1@audubon-center.org for reservations

January

Winter “Phenology with Larry Weber” Weekend

January 30 - February 1, 2015

Explore our woods, prairies, ponds, lake and wetlands with renowned phenologist Larry Weber and learn about the wonderous changes the season brings to our natural world.

The crunch of snow under foot, the nostril-stinging cold temperatures and the utter silence of the snow-blanketed forest are familiar to Minnesotans during the winter season. Over the weekend, phenologist Larry Weber shares his vast knowledge of the natural world to give you a more in-depth, up-close look at nature as you've never seen it during this season of frigid temps and stark landscapes.

Enjoy skiing or snowshoeing the trails and exploring the different habitats and ecosystems here at the Center during this special all-inclusive weekend. All-inclusive rates available.

More info is available at audubon-center.org/event/winter-phenology-larry-weber-weekend/ or call 888-404-7743

March

Wilderness First Responder 8-day Course #25575

March 14-21, 2015

The definitive wilderness course in medical training, leadership, and critical thinking for outdoor, low-resource, and remote professionals and leaders.

The Wilderness First Responder 8-day Course is the ideal medical training for leaders in remote areas including outdoor educators, guides, military, professional search and rescue teams, researchers, and those involved in disaster relief. The curriculum is comprehensive and practical. It includes the essential principles and skills required to assess and manage medical problems in isolated and extreme environments for days and weeks if necessary.

More info and online registration is available at audubon-center.org/event/wfr-2015/ or call 888-404-7743

Annual Maple Syrup Day

March 28, 2015

10:00 AM – 3 PM – Programs; 10:00 AM - 2 PM – Brunch

Come for a delicious pancake brunch with our own maple syrup then head out to learn and assist in the various phases of maple syrup production, from tapping trees to collecting sap to boiling it down into syrup. A great event for families and youth groups!!

Reservations required.

Brunch and program - \$15/adult, \$10/child (5-12 yrs); Program only - \$5/person.

Call 888-404-7743 or visit www.audubon-center.org for more info or to make reservations!

April

Food & Farms Weekend

April 17-19, 2015

Grow it, Raise it, Preserve it, Prepare it. Get back to the basics and learn new skills with this all-inclusive weekend focused on the most elemental of our needs and pleasures: Food. ***Come to learn, to taste and to enjoy!***

Over the weekend, choose from a variety of expert led on-site workshops on gardening, cooking and food preservation, off-site field trips to local farms and meet farmers who are growing produce and raising animals naturally and organically, and enjoy engaging keynote speakers Tom Hanson and Francois Medion of the Duluth Grill, and Lenny Russo of the Heartland Restaurant.

All-inclusive and commuter rates are available.

More info and online registration is available at audubon-center.org/event/food-farms-2015/ or call 888-404-7743

May

Women's Wellness & Adventure Weekend

May 1-3, 2015

All-inclusive, complete holistic retreat - comfy lodging, wonderful food, and a variety of classes and activities to choose from, such as (for example only – not all classes are offered every season):

- Adventure & Challenge (examples include high ropes course, canoeing, hikes, etc.),
- Wellness & Nature (examples include yoga, massage, reiki, bird banding, facials, medicinal plant classes, etc.), and
- Creative Expressions (examples include art/crafts, basket making, drumming, cooking, etc.).

Lodging, meals, all programming and 10 minutes of massage or reiki are included in the weekend fee (additional massage or reiki available for an additional fee). All-inclusive weekend package and commuter rates are available.

More info and online registration is available at audubon-center.org/event/womenswellness_spring2015/ or call 888-404-7743

Spring "Phenology with Larry Weber" Weekend

May 8-10, 2015

Explore our woods, prairies, ponds, lake and wetlands with renowned phenologist Larry Weber and learn about the wonderous changes the season brings to our natural world.

The snow giving way to greening and blossoms are welcome harbingers of spring to Minnesotans. This weekend, phenologist Larry Weber shares his vast knowledge of the natural world to give you a more in-depth, up-close look at nature as you've never seen it during this season of rapid transition.

Enjoy hiking the trails and exploring the different habitats and ecosystems here at the Center during this special all-inclusive weekend.

More info is available at audubon-center.org/event/spring-phenolog/
or call 888-404-7743

June

Birding Bonanza Weekend

June 5-7, 2015

The rich biological diversity of Pine County and the surrounding area provide a bonanza of birding opportunities for experienced birders and those just getting started. The Audubon Center of the North Woods is located in a unique transition zone where the eastern deciduous forest meets the northern conifer forest, and where pockets of the western prairie can be found. The terrestrial diversity is matched by the aquatic plethora of rivers, lakes, bogs and marshes. This first-class weekend birding festival gives participants a chance to visit a wide variety of habitats that support myriad bird species.

With field trips led by seasoned guides, engaging on-site workshops, bird banding sessions, a live raptor presentation, renowned keynote speakers, delicious homemade meals and comfortable lodging, this festival is birding at its best. We invite you to join us for a fun and memorable weekend.

All-inclusive weekend and commuter rates are available.

More info is available at audubon-center.org/event/birding-2015/
or call 888-404-7743